

Planned elements form

(category based competitions)



Only use the elements from the drop-down boxes

Club :	Country:	Date (d/m/y) :
Category:	Competition:	
Name of Competitor:		

ELEMENTS IN ORDER OF SKATING

Time*	Elements SP						
	Jumps					Spins	Step/Spiral sequences
	1 st	2 nd	3 rd	4 th	Combo/Sequence		

* Time during program

Please mail to:

antwerpdiamondtrophy@gmail.com and mariabouwens@hotmail.com

Time*	Elements FS						
	Jumps					Combo/Sequence	Spins
1 st	2 nd	3 rd	4 th				

Instructions

- This form has be filled in and send to antwerpdiamondtrophy@gmail.com and mariabouwens@hotmail.com via email only, October 1st 2021 the latest.
- Make sure to fill in all required fields marked in red: club, date (the document was filled in), category, date, name of competitor
- Fill in the elements for the short program (SP) and Free Skating program (FS) using only the official short names for the elements as prescribed by ISU in the “scale of values”, and using the drop-down lists provided.
 - First column: time in minutes and seconds (format 1'15")
 - Second column: to be used for jumps. The 5th drop down list allows for the indication of COMBO or SEQ(UENCE)
 - Third column: to be used for spins. Do not attempt to add the level (e.g. Usp not Usp2). The level is determined by the technical specialist and controller during the execution.
 - Fourth column: to be used for step sequences. Do not attempt to add the level. The level is determined by the technical specialist and controller during the execution.
 - Do not try to indicate elements not mentioned on the ISU “scale of values” like : connecting steps, moves in the field etc...

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